

## Breast Pumps

### Home Medical Products & Services

- 535 A Lincoln Street  
Rhineland WI 54501  
**866-278-8312 or 715-369-2525**  
**FAX: 715-369-0942**
- 8668 U.S. Highway 51 North  
Minocqua, WI 54548  
**866-861-7419 or 715-358-2500**  
**FAX: 715-356-0050**

Medela: Lactina Hospital Grade Rental\*  
Double Pump & Pumping Kit\*  
Pump In Style\*

Hollister: Purely Yours\*

*\* Depending on your HMO, Pumps paid for by Badger Care+ Program with a RX from your provider.*

### Lincare Medical Supplies

- Suite B, 1571 U.S. Highway 51 North  
Arbor Vitae, WI 54568  
**715-358-3766 FAX: 715-3583775**

Pumps and breastfeeding accessories.

Please call for further information.

### NEB Medical Services

- Milwaukee County provider will ship breast pumps across the state  
Ask for Sarah  
<http://www.nebmedical.com/breast-pumps/welcome/>

Forest County Health Department  
reduced cost & rental pumps available

Price County Health Department—for WIC participants loaner and single user pumps

**Affordable Care Act: During pregnancy call your insurance provider to find your durable medical provider & the pumps, supplies & support they offer.**

## Online Breastfeeding Resources

Find Us at [NorthwoodsBFCoalition.org](http://NorthwoodsBFCoalition.org)

Like us on Facebook!

Or e-mail: [northwoodsbfcoalition@gmail.com](mailto:northwoodsbfcoalition@gmail.com)

### Pregnant and Nursing Moms

Stanford Medicine Newborn Nursery—  
Getting Started Breastfeeding - **VIDEOS**  
Breastfeeding in the First Hour;  
Early Initiation of Breastmilk; A Perfect Latch;  
Hand Expressing Milk;  
Maximizing Milk Production  
Hands on Breastmilk Pumping  
Nancy Mohrbacher

Breastfeeding Reporter BLOG, Resources, & Videos

[Kelly Mom Parenting & Breastfeeding](#) (videos)

[Dr. Jack Newman](#)

[Your Rights to Breastfeed in the Hospital –WI WIC DHS 2010](#)

[WI WIC Breastfeeding Information Cards](#)

### Working & Pumping

The Leaky Boob—Facebook

[La Leche League](#)

Native Breastfeeding Coalition of Wisconsin

### Laws Protecting Breastfeeding

Federal & WI State

[Fact Sheet on Break Time for Nursing Mothers](#)

[Break Time for Nursing Mothers-Federal](#)

[Wisconsin Right to Breastfeed Law](#)

### Professionals

[Academy of Breastfeeding Medicine](#)

[American Academy of Pediatrics](#)

[International Lactation Consultants Association](#)

[Women's Health.gov Breastfeeding](#)

[The Business Case for Breastfeeding](#)

[WI Breastfeeding Friendly Child Care Centers Manual & Certification Process](#)

[Wisconsin Association of Lactation Consultants](#)

[Wisconsin Breastfeeding Coalition](#)

Northwoods  
Breastfeeding  
Coalition

## Breastfeeding Resource Guide

Serving Forest,  
Oneida, Price  
and Vilas  
County



Protecting, Promoting  
and Supporting  
Breastfeeding

# People You Can Call with Your Breastfeeding Questions



## Hospitals

### Ascension St. Mary's Hospital, Rhinelander

Birth Center 715-361-2090

### Ascension Howard Young, Woodruff

Birth Center 715-356-8500

## Clinics

### Ascension Medical Group Rhinelander Clinic

#### Women's Health 715-361-4700

Nancy Bauer WHNP, IBCLC 715-361-4738

Jesse Weigel RN, CLC 715-361-4738

#### Pediatrics 715-361-4134

Blaine Conley RN, CLS 715-361-4134

blaine.conley@ascension.org

Hope Williams, Health Coach, RD, CD, CLS

715-361-4366

### Marshfield Clinic, Minocqua Center

#### Pediatrics 715-358-1000

#### Women's Health 715-358-1261

Misti Lavin WHNP 715-358-1261

Rebecca Schillinger RN, CLS 715-358-1074

## Health Departments, Tribal Clinics & WIC Programs

### Forest County Health Department

Jacee Anderson, RN, BSN; WIC & Public

Health Nurse, 715-478-3371

#### WIC Program

Brenda Husing RD, CD, CLS 715-478-3371

BFPC Andrea Johnson CLS 715-360-9226

wicpeerbf@co.forest.wi.us

### Forest County Potawatomi Health & Wellness Center

Yvonne Robles, CLS 715-478-4319

Michelle Burki, LPN, CLS & Maternal Child  
Health Nurse, 715-478-4321

michelle.burki@fcpotawatomi-nsn.gov

#### WIC Program 715-478-4355

Jodie Harris RN, CLC 715-478-4306

Jodie.harris@fcpotawatomi-nsn.gov

### Sokaogon Chippewa Health Center

#### Family Foundations

Angela Schmidt CLS 715-478-5180

Cheri Nemec RD, CD, CLS 715-478-5180

## Health Departments & WIC Programs (continued)

### Florence County Healthy Department Public Health Nurse

Ann Price RN 715-528-4837

annprice@co.forest.wi.us

### Oneida County Health Department

Public Health Nurses 715-369-6111

#### WIC Program 715-369-6109

BFPC Andrea Johnson CLS 715-360-9226

ajohnson@co.oneida.wi.us

PNCC Dawn Klink 715-369-6107

### Price County Health Department

Public Health Nurse & PNCC

Tiffany Palacek RN, BSN 715-339-3054 ext. 5321

#### WIC Program

Dani Hoffman RD, CD, CLS 715-339-3054

danihoffman@co.price.wi.us

### Vilas County Health Department

Public Health Nurse, WIC

Lori Bergum BSN, RN, CLS 715-479-3656

#### WIC Program

Laurel Dreger BSN, RN, CLS 715-479-3656

### Great Lakes Inter-Tribal Council, Inc.

#### WIC Project Nutritionist

Cheri Nemec RD, CD, CLS 715-588-1020

cnemec@glitc.org

#### Nursing Coordinator

Cleo Reed RN, CLS 715-588-1035

#### Breastfeeding: The Traditional Way

Jennifer Ledferd CLS 715-588-1091

### Peter Christensen Health Center

Michaela Daubon RN, PNCC, CLS

715-588-3371 x 1906

Mary Sikora-Petersen RD, CD, CDE, CLS

715-588-3371 x 1903

Jodi Chapman CLS 715-588-3371 x 1905

Cressy Cassidy CLS 715-588-3371 x 1907

### WIC BFPC

Shawny Young 715-439-3592

Terri Anne Kalmakoff 715-439-5669

## ZipMilk.org

Just enter your zip code to find breastfeeding support of all kinds near you! <http://www.zipmilk.org/>

## Childbirth Classes

### Ascension Howard Young Medical Center Class

Pam Buchwalter RN 715-356-8500

### Ascension St. Mary's Hospital

715-361-2088 or [register](http://ministryhealth.org/q/2452) at: [ministryhealth.org/q/2452](http://ministryhealth.org/q/2452)

## Drugs, Breastmilk & Breastfeeding

[LactMed-Toxnet](http://toxnet.nlm.nih.gov/) <http://toxnet.nlm.nih.gov/>

Drug & Lactation Data Base, Natl. Library of Medicine

AVAILABLE AS A FREE APP FOR PHONES & TABLETS

## Medications & Mothers' Milk 2017

A Manual of Lactation Pharmacology,  
also available online with a paid subscription

## Mommy Meds—Dr. Hale

<http://mommymeds.com>

## Certified Breastfeeding Friendly Child Care Centers

Find Centers at our website:

[NorthwoodsBFCoalition.org](http://NorthwoodsBFCoalition.org)

## Credential Key

IBCLC: International Board Certified  
Lactation Consultant

CLS: Certified Lactation Specialist

CLC: Certified Lactation Consultant

BFPC: Breastfeeding Peer Counselor

RD: Registered Dietitian

CD: Certified Dietitian

RN: Registered Nurse